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| **Date** | **Activity** | **Food** | **Sport** | **Mindfulness** |
| 26/4/19 | **Palaeontology**  **Make fossils** | **Noodles** | **Football** | **Awakening your breath** |
| 3/5/19 | **Botany**  **Planting** | **Hot Chocolate** | **Basketball** | **Tune In** |
| 10/5/19 | **Astronomy**  **Star gazing,** | **Pasta** | **Dodgeball** | **Be with the Breath** |
| 17/5/19 | **Criminology** | **Mocktails** | **Lazer Beams** | **Talk to anger and let it go** |
| 24/5/19 | **Anthropology** | **Popcorn** | **Volley ball** | **The pebble meditation** |
| 31/5/19 | **Planning meeting** | **All Welcome** | **Planning meeting** | **All Welcome** |
| 7/6/19 | **Zoology**  **Walk to polecat,** | **Crisps** | **Walk** | **Walking Mindfully** |
| 14/6/19 | **Biology**  **Label bits of body**  **Eye clops** | **Ice Cream** | **Rounders** | **Be with the body scan** |
| 21/6/19 | **Chemistry**  **Explosions** | **Fruit** | **Sports Day, Staff to bring a traditional race.** | **Mindful Eating** |
| 28/6/19 | **Psychology**  **Mindfulness** | **Salad** | **Archery** | **Gratitude** |
| 5/7/19 | **Sociology**  **Drama,** | **Ice lollies** | **Hula hoops** | **The big I** |
| 12/7/19 | **Physics**  **Tornadoes/Eggs** | **Jam Sandwiches** | **Dance** | **Henry Happy** |
| 19/7/19 | **Geology** | **Cheese and crackers** | **Tag Rugby** | **Christopher Crabby** |